

BRONZE/SILVER MODERN ROUTINES

FOXTROT

Preparation A Feather Step B Reverse Turn C Feather Finish D Three Step

repeat A D E

E Natural Turn

Timing

1234 to L 567	to R 8	LF	forw
SQQ			

SQQSQQ SQQ SQQ SQQ SSS

Footwork

1234 brush 567 brush 8 TH

HT T TH
HT T TH
THT T TH
HT TH H

HT T TH TH H & IEF H